

The Synastry Blueprint · Companion Workbook

PURPOSE

Begin with what is on the page

This workbook is an optional companion to your Synastry Blueprint. Read the corresponding layer before writing; you do not need to identify every chart symbol or complete every question.

Choose a contact from the table or a statement from the interpretation. Your experience may agree, partly agree, or differ, and “I do not recognize this” is a useful answer. You may write privately, skip a question, or leave a page unfinished. Sharing your answers is not required.

What caught my attention?

Choose one contact or statement from the Purpose layer and copy it here. If you choose a contact, include both people's placements and the aspect, as shown in your report.

Contact or statement:

What do I recognize?

Does this description connect with something I have experienced? If so, describe one specific example; if not, note that without searching for a fit.

What does not fit?

Which part feels unfamiliar, incomplete, or different from my experience? Note any situation in which the pattern does not seem to apply.

Whose perspective is this?

What do I know from my own experience, and what am I assuming about the other person? Keep those two kinds of observation separate.

From my experience:

What am I still curious about?

Write one question to carry into the next layer. It can remain a question; no conclusion is needed yet.

STRUCTURE

Notice without deciding

Read the Structure layer alongside its contact table. Choose one detail to explore rather than trying to make a judgment about the whole relationship.

What caught my attention?

Choose one contact or statement from this layer and copy it here. If you record a contact, name both people's placements and the aspect.

Contact or statement:

What do I recognize?

Does the description connect with a repeated experience, an occasional experience, or neither? Describe an example if one comes to mind, without treating it as proof of the interpretation.

What does not fit?

Where does the description seem too broad or unlike my experience? Note an exception or a detail the report cannot know.

Whose perspective is this?

What can I describe about my own response? What would require the other person's account rather than my interpretation of it?

My response:

Their perspective remains unknown here:

What am I still curious about?

Did the Purpose layer introduce a theme that appears here too, or something different? Write one question about that connection, or note that no clear connection stands out.

Distinguish emphasis from the whole

Read the Engine layer before returning to your earlier notes. A striking description can be worth exploring without becoming the explanation for everything.

What caught my attention?

Choose one contact or statement from this layer and copy it here. Record the actual wording or contact rather than a stronger conclusion of your own.

Contact or statement:

What do I recognize?

If this pattern is familiar, when do I notice it and when do I not? Use one specific example, or write that it is not something I recognize.

What does not fit?

Does the description suggest an intensity or importance that differs from my experience? Record that difference without trying to resolve it.

Whose perspective is this?

What am I describing about my own feelings or responses? What am I inferring about the other person's feelings?

My feelings or responses:

What I am inferring:

What am I still curious about?

How does this layer sit beside the Purpose and Structure layers? Note one apparent connection or contrast, without deciding which layer is more important.

Separate an observation from an explanation

Read the Circuit layer and choose a detail that interests you. When writing, distinguish what you observed from the meaning you gave it.

What caught my attention?

Choose one contact or statement from this layer and copy it here. If you choose a contact, include both people's placements and the aspect.

Contact or statement:

What do I recognize?

Does an example come to mind? Describe what happened first, then note how the report's description seems to relate to it; “no clear example” is also a valid answer.

What does not fit?

Could the same experience have another explanation? Note a possibility the chart reading does not establish, such as circumstances or information you do not have.

Whose perspective is this?

What was actually said or observed, and what meaning did I add? Keep the observation separate from any assumption about the other person's intention.

What I observed:

The meaning I gave it:

What am I still curious about?

Has this layer changed how I read a statement in one of the earlier layers? Write the question or distinction that now seems worth keeping.

Leave room for uncertainty

Read this layer without assuming that its title identifies a hidden problem. You may skip any prompt that feels too personal; an interpretation does not require you to disclose something or accept a label.

What caught my attention?

Choose one contact or statement from this layer and copy it here. Keep to the wording in the report rather than turning a possibility into a certainty.

Contact or statement:

What do I recognize?

Is there something in my own experience that relates to this description? Write only what feels useful to record, or note that the description does not resonate.

What does not fit?

Where would I qualify, disagree with, or set aside this interpretation? There is no requirement to discover a hidden reason why it must be true.

Whose perspective is this?

What can I honestly describe about myself? What would be an assumption about the other person's motives, history, or private experience?

What I can describe:

What remains an assumption:

What am I still curious about?

What would I like to revisit after reading the closing synthesis? The question can remain open, and it does not need to become a conversation or an action.

Whole Building · Closing synthesis

Bring the reading together

Read the closing synthesis, then look back over the five layer pages. The amount you wrote on a page reflects your response to it, not a calculation of that layer's structural importance.

The Structural Resonance score summarizes engagement under the Blueprint's method. It is not a compatibility rating, a probability of staying together, or a verdict about what to do. Your notes are not a second score.

What recurs?

Which theme appears in more than one layer? Note the relevant layers or statements; if no recurring theme stands out, record that instead.

What sits in contrast?

Which descriptions seem to pull in different directions? Can both relate to different situations, or does the contrast remain unresolved?

What did the synthesis add?

Did the closing reading connect details I had considered separately? Name one connection it clarified, or one place where it left me uncertain.

What is my own account?

Complete these sentences without needing to agree with every interpretation. Keep your lived experience distinct from what the report suggests.

What I recognize most clearly is:

What I would qualify or set aside is:

What remains beyond the reading?

What is still unknown, or cannot be answered by these charts? Leave space for the other person's perspective, circumstances the report cannot know, and questions that remain open.

A note to return to

Write one sentence you would like to remember when you revisit the Blueprint. It can be an observation, a question, or a limit you want to keep in view; it need not be a decision.

You can return to these pages if your understanding changes. Nothing here requires a particular conclusion about the relationship.